Dan. 6 10. *Now when* Daniel *knew that the Writing was signed, he went into his house; and his windows being open in his chamber towards* Jerusalem, *he kneeled upon his knees three times a day, and prayed, and gave thanks before his God, as he did aforetime.*

1 Cor. 11. 24. *And when he had given thanks, he brake it, and said, Take eat; this is my body, which is broken for you; this do in remembrance of me.*

# THE Heavenly Soul's DAILY EXERCISE, Morning and Evening: BEING A MANUAL OF *DEVOUT PRAYERS* For every Day in the Week.

## ALSO

Meditations upon ſeveral Occaſions: With ſome Holy Ejaculations and Prayers, which may be uſed before, at, and after receiving the Holy Communion.

By a Member of the Church of *ENGLAND.*

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# TO THE
# Christian READER.

THIS short Manual of Devout Prayers, I presume to recommend to you; hoping, as I design'd it, for your Assistance in your Supplications to Almighty God; it may really in some Measure be helpful to you: Although I must confess there are many Volumes abroad in the World of this Kind; yet I was willing to do something, in hopes to promote the Glory of the Great JEHOVAH, and the Good of those Souls that truly fear Him, and devoutly at all times do call upon his Name: For Prayer is a Spiritual Engine; Its Force and Power is so great, it is able to break down all the Bulwarks of Satan: Prayer bears about the Privy Keys of Heaven; yea, forceth Entrance against all Bars and Locks; it removes all Obstructions and Hinderances that may otherwise oppose us in our Journey Heavenward; therefore let us pray

*to God without ceasing, to have this Spirit of Prayer that is so powerful in its Operations, as to bring a* Paul *out of Prison, and all the Doors shut; and save* Daniel *in the Lion's Den, and* Shadrach, Meshach, *and* Abednego *in the burning Flames: By Prayer we have Access to God on all Occasions; therefore let us study how to pray, so as to be accepted thro' the Merits of our dear Redeemer; for our selves, for the Church, for our Gracious King, and all that are in Authority under Him, that we may still lead a quiet and peaceable Life, in all Godliness and Honesty; which is the Prayer of thy Fellow-Servant in Christ Jesus.*

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MEDI-

# MEDITATIONS ON THE *Power and Excellency of* GOD.

THE Lord, the Lord of Hosts, the Mighty One of *Israel*

The King of Kings, the Lord of Lords.

Who is glorious in Holiness, fearful in Praises, doing Wonders.

The God of the Spirits of all Flesh.

Who is a consuming Fire, even a jealous God.

The God of Gods, and Lord of Lords; a great God, mighty and terrible, which regardeth not Persons, neither taketh Rewards.

Whose Works are perfect, and his Ways Judgment; a God of

Truth and without Iniquity, juſt, and right, whoſe Glorious Name is exalted above all Bleſſing and Praiſe.

Thou, even thou, haſt made Heaven, the Heaven of Heavens, with all their Hoſts; the Earth, and all Things that are therein; the Sea, and all that is therein; and thou preſerveſt them all: And the Hoſt of Heaven worſhippeth thee.

The Great, and Mighty, and Terrible God, who keepeth Covenant and Mercy.

Who chargeth his Angels with Folly.

Who doth great Things, and unſearchable marvellous Things, without Number.

Who giveth Rain upon the Earth, and ſendeth Waters upon the Fields.

To ſet up on high thoſe that be low, that thoſe which mourn may be exalted to Safety.

Who diſappointeth the Devices of the Crafty, ſo that their Hands can not perform their Enterprize.

Who

Who taketh the Wiſe in their own Craftineſs, and the Counſel of the Froward is carried headlong.

So that they meet with Darkneſs in the Day-time, and grope at Noon-day as if it were at Night.

But he ſaveth the Poor from their Sword, and from their Mouth, and from the Hand of the Mighty.

He is wiſe in Heart, and mighty in Strength; who hath hardened himſelf againſt him, and hath proſpered?

Which removeth the Mountains and they know it not; which overturneth them in his Anger.

Which ſhaketh the Earth out of her Place, and the Pillars thereof tremble.

Which commandeth the Sun, and it riſeth not; and ſealeth up the Stars.

Which alone ſpreadeth out the Heavens, and treadeth upon the Waves of the Sea.

Who putteth no Truſt in his Saints, yea, the Heavens are not clean in his Sight.

Before whom Hell is naked, and Deſtruction hath no Covering.

Who ſtretcheth out the North upon the empty Place, and hangeth the Earth upon nothing.

Who bindeth up the Waters in his thick Clouds, and the Cloud is not rent under them.

Who holdeth back the Face of his Throne, and ſpreading his Cloud upon it.

Who hath compaſſed the Water with Bounds 'till Day and Night come to an end.

The Pillars of Heaven tremble, and are aſtoniſh'd at his Reproof.

Who divideth the Sea with his Power; and by his Underſtanding he ſmiteth thro' the Proud.

Who by his Spirit hath garniſhed the Heavens, and his Hand hath formed the crooked Serpent.

Who is perfect in Knowledge.

We cannot find him out.

He is excellent in Power and in Judgment, and in plenty of Juſtice: He reſpecteth not them that are wiſe of Heart.

Whole

Whoſe Name is excellent in all the Earth, who hath ſet his Glory above the Heavens.

By whoſe Word the Heavens were made, and all the Hoſt of them by the Breath of his Mouth.

Who gathereth the Waters of the Sea together as an Heap, and layeth Deeps in Store-Houſes.

That all the Earth might fear him, and all the Inhabitants of the World may ſtand in awe of him.

Who bringeth the Counſels of the People to nought, and maketh the Devices of the People of no effect.

Whoſe own Counſel ſtandeth for ever, the Thoughts of his Heart to all Generations.

Who looks down from Heaven, and beholds all the Sons of Men.

From the Place of his Habitation he looks upon all the Inhabitants of the Earth:

Faſhioning their Hearts alike, and conſidering all their Works.

Who

Who is the Lord moſt high and terrible, a great King above all the Earth.

Who is exalted above the Heavens, and his Glory above all the Earth.

Who by his Strength ſetteth faſt the Mountains, being girded with Power.

Who ſtilleth the Noiſe of the Sea, the Noiſe of the Waves, and the Tumult of the People.

Who is terrible in his Doings toward the Children of Men.

Who ruleth by his Power for ever, and his Eye beholdeth the Nations.

Who rideth upon the Heaven of Heavens, which were of old.

Who ſhall judge the People with Righteouſneſs, and the Poor with Judgment.

All Kings ſhall bow down before him, and all Nations ſhall do him ſervice.

Whoſe Name ſhall endure for ever, and be continued as long as the Sun and Moon endureth, and all Nations ſhall call him bleſſed.

Whoſe

Whoſe Name alone is Jehovah, and who is the moſt High over all the Earth.

Who in the Heaven can be compared to the Lord? Who among the Sons of the Mighty can be likened to the Lord?

Who is greatly to be feared in the Aſſembly of his Saints, and to be had in Reverence of all them that are about him.

Thou ruleſt the Raging of the Sea; when the Waves thereof ariſe, thou ſtilleſt them.

O Lord God of Hoſt! who is a ſtrong God like unto thee, or to thy Faithfulneſs round about thee?

The Heavens are thine, the Earth alſo is thine: As for the World, and the Fulneſs thereof, thou haſt founded them.

Thou haſt a mighty Arm, ſtrong is thy Hand, and high is thy Right Hand.

Juſtice and Judgment are the Habitation of thy Throne; Mercy and Truth ſhall go before thy Face.

Who laid the Foundations of the Earth that it ſhould not be removed for ever.

Who hath ſet a Bound to the Sea that it cannot paſs; that they turn not again to cover the Earth.

Who ſendeth the Springs into the Valleys, which run among the Hills;

To give Drink to every Beaſt of the Field; the wild Aſſes quench their Thirſt.

Who watereth the Hills from his Chambers; the Earth is ſatisfied with the Fruits of his Work.

Who cauſeth Graſs to grow for the Cattle, and Herbs for the Service of Man; that he might bring forth Fruit out of the Earth.

By whoſe Appointment the Moon hath her Seaſons, and the Sun knoweth his going down.

O Lord, how manifold are thy Works! In Wiſdom haſt thou made them all.

The Earth is full of thy Riches, Holy and Reverend is his Name.

Who

Who is a great God, and a great King above all Gods.

In whoſe Hands are the deep places of the Earth, the Strength of the Hills is his alſo.

The Sea is his, and he made it; his Hands formed the dry Land.

Before whom are Honour and Majeſty; and in whoſe Sanctuary are Strength and Beauty.

Who is great in *Zion*, and high above all People.

Whoſe Name is Great and Terrible, for it is Holy.

Who loveth Judgment, and doth eſtabliſh Equity; executing Judgment and Righteouſneſs in *Jacob*.

Who hath prepared his Throne in the Heavens, and his Kingdom ruleth over all.

Who layeth the Beams of his Chambers in the Waters, and maketh the Clouds his Chariots, and walketh upon the Wings of the Wind.

Who maketh his Angels Spirits, and his Miniſters a Flame of Fire.

Who

VVho is high above all Nations, and his Glory above the Heavens.

VVho humbleth himself to behold the things that are upon the Earth.

VVho knoweth our down-sitting and our up-rising, and understandeth our Thoughts afar off.

VVho compasseth our Path, and our lying down, and is acquainted with all our ways.

Whose Kingdom is an everlasting Kingdom, and his Dominion endureth throughout all Generations.

VVho is righteous in all his ways, and holy in all his works.

VVho made Heaven and Earth, the Sea and all that therein is.

VVho keepeth Truth for ever.

Against whom there is no VVisdom, Understanding nor Counsel.

From whom alone Safety cometh.

VVho executeth Judgment for the Oppressed, and giveth Food to the Hungry.

VVho will bring every VVork unto Judgment, with every secret thing, whether it be good or evil.

Before whom the Loftineſs of Man ſhall be bowed down, and the Haughtineſs of Man ſhall be made low.

And they ſhall go into the Holes of the Rocks, and into the Caves of the Earth, for fear of the Lord, and for the Glory of his Majeſty, when he ariſeth to ſhake terribly the Earth.

Before whom the Seraphims do cover their Faces.

VVho is wonderful in Counſel, and excellent in working.

VVho hath meaſured the VVaters in the Hollow of his Hand, and meted out all the Heavens with a Span, and comprehended the Duſt of the Earth in a Meaſure, and weighed the Mountains in Scales, and the Hills in a Ballance.

VVho bringing Princes to nothing, and maketh the Judges of the Earth leſs than nothing, and Vanity.

VVho can make the VVorm *Jacob* to threſh the Mountains and beat them ſmall; and make the Hills as Chaff.

VVho formed us from the VVomb, who maketh all things; who ſtretcheth

eth forth the Heavens alone, and ſpreadeth abroad the Earth by himſelf.

That fruſtrateth the Tokens of the Liars, and maketh Diviners mad; that turneth wiſe Men backwards, and maketh their Knowledge Fooliſhneſs.

That confirmeth the Word of his Servant, and performeth the Counſel of his Meſſengers.

Who can declare the End from the Beginning, and from ancient Times the things that are not yet done; whoſe Council ſhall ſtand, and he will do all his Pleaſure.

Who is the Firſt and the Laſt, whoſe Hand hath laid the Foundations of the Earth, whoſe Hand hath ſpanned the Heavens.

At whoſe Rebuke the Sea is dried up, and the Rivers become a Wilderneſs; their Fiſh ſtinketh becauſe there is no Water, and they die for Thirſt.

Who cloatheth the Heavens with Blackneſs, he maketh Sackcloth their Covering.

Who

Who is the high and lofty One inhabiting Eternity, whoſe Name is Holy, who dwelleth in the high and holy Place.

Who hath the Heavens for his Throne, and the Earth for his Footſtool.

The only true and living God, the everlaſting King, at whoſe Wrath the Earth doth tremble, and the Nations are not able to abide his Indignation.

Who made the Earth by his Power, and eſtabliſheth the World by his Wildom, and ſtretcheth out the Heavens by his Diſcretion.

From whom no Man can hide himſelf that he ſhall not ſee him.

Who fills Heaven and Earth, in whoſe Hand our Breath is, and whoſe are all our Ways.

Whom there are a thouſand thouſands that miniſter unto, and ten thouſand times ten thouſands that ſtand before him.

Who is of purer Eyes than to behold Evil, and cannot look upon Iniquity.

VVho quickneth the Dead, and calleth thoſe things that be not, as if they were.

VVhoſe Judgments are unſearchable, and his VVays paſt finding out.

VVho is over all, God bleſſed for ever.

VVho will bring to light the hidden things of Darkneſs, and will make manifeſt the Counſels of the Heart.

VVho doth every thing according to the Council of his own VVill.

VVho is able to do exceeding abundantly, above all that we can ask or think.

By whom all things were created that are in Heaven and Earth, viſible and inviſible, whether they be Thrones or Dominions, Principalities or Powers.

VVho is the King Eternal, Immortal, Inviſible, and only wiſe God.

In whoſe Sight there is no Creature that is not manifeſt; but all thinge are naked and open unto the Eyes of him with whom we have to do.

VVho is Yeſterday, to Day, and the ſame for ever.

At

At whoſe dreadful Appearance the Kings of the Earth, and the Great Men, and the Rich Men, and the Chief Captains, and the Mighty Men ſhall be willing to hide themſelves in the Dens and Clifts of the Mountains:

Crying to the Rocks and Mountains, fall on us, and hide us from the Face of Him that ſitteth on the Throne, and from the VVrath of the Lamb.

O thou that heareſt Prayer, thou art a God ready to pardon, gracious and merciful, ſlow to Anger and of great Kindneſs.

I ſay, Thou, Lord, createdſt the Heaven, and ſtretchedſt them out; that ſpreadeſt forth the Earth, and that which cometh out of it; that giveſt Breath to the People upon it; and Spirit to them that walk therein.

The God in whoſe Hand our Breath is, and whoſe are all our ways.

The bleſſed and only Potentate.

The King of Kings, and Lord of Lords, who only haſt Immortality, dwel-

dwelling in the Light, that no Man can approach unto; whom no Man hath seen nor can see.

The Lord of Hosts, which dwellest between the Cherubims.

The High and Lofty One which inhabitest Etenrity, whose Name is Holy; who dwellest in the high and holy Place.

The living God, and the everlasting King.

That formest the Mountains, and createst the Winds, and declarest unto Man what his Thought is: That makest the Morning Darkness, and treadest upon the high places upon the Earth.

Behold the Heaven, and the Heaven of Heavens cannot contain thee.

Thine is the Kingdom, O Lord, and thou are exalted as Head above all.

Both Riches and Honour come of thee, and thou reignest over all, and in thy Hand is Power and Might, and in thy Hand it is to make great and to give Strength unto all.

The Lord which giveth the Sun for a Light by Day, and the Ordinances

nances of the Moon and the Stars for a Light by Night; which divideth the Sea, when the Waves thereof roar; the Lord of Hoſt is his Name.

O Lord my God, thou are very great, thou art cloathed with Honour and Majeſty.

Who covereſt thy ſelf with Light as with a Garment, who ſtretcheſt out the Heavens like a Curtain.

The Nations are as a Drop in a Bucket, and are counted as the ſmall Duſt of the Ballance; he taketh up the Iſles as a very little thing.

All Nations before him are as nothing, and they are counted to him leſs than nothing, and Vanity.

It is he that ſitteth upon the Circle of the Earth, and the Inhabitants thereof are as Graſhoppers: That ſtretcheth out the Heavens as a Curtain, and ſpreadeth them out as a Tent to dwell in.

O Lord of Hoſt, that trieſt the Righteous, and ſeeſt the Reins and the Heart.

Lord

Lord God, Behold thou haſt made the Heaven and the Earth by thy great Power, and ſtretched-out Arm, and there is nothing too hard for thee.

Thou ſheweſt loving Kindneſs to thouſands, and recompences the Iniquities of the Fathers into the Boſom of their Children after them; the Lord of Hoſts is his Name.

Great in Counſel, and mighty in Work, for thine Eyes are open upon all the Sons of the Children of Men, to give every one according to his Ways, and according to the Fruit of his Doings.

The King, whoſe Name is the Lord of Hoſt:

Him that maketh the *ſeven Stars* and *Orion*, and turneth the Shadow of Death into the Morning, and maketh the Day dark with Night; that calleth for the Waters of the Sea, and poureth them out upon the Face of the Earth; the Lord is his Name.

He builded his Stories in the Heavens, and hath founded his Troops in the Earth.

Who is a God like unto thee, that pardoneth Iniquity, and paſſeth by the Tranſgreſſion of the Remnant of his Heritage? He retaineth not his Anger for ever, becauſe he delighteth in Mercy.

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## *Promiſes to Prayer.*

WHO ſhall aſcend into the Hill of the Lord, and who ſhall ſtand in his holy Place.

He that hath clean Hands, and a pure Heart; who hath not lift up his Soul to Vanity, nor ſworn deceitfully.

He ſhall receive the Bleſſing from the Lord, and Righteouſneſs from the God of his Salvation.

What Man is he that feareth the Lord, him ſhall he teach in the Way he ſhall chuſe.

His Soul ſhall dwell at Eaſe, and his Seed ſhall inherit the Earth.

It ſhall come to paſs when he cryeth unto me, I will hear, for I am gracious.

The Tongue of the Dumb ſhall ſing.

For in the Wilderneſs ſhall Waters break out; the Ranſomed of the Lord ſhall return and come to *Sion* with Songs and everlaſting Joy upon their Heads; they ſhall obtain Joy and Gladneſs, and Sorrow and Sighing ſhall fly away.

Ye ſhall eat in Plenty, and be ſatisfied; and praiſe the Name of the Lord your God, that hath done wondrouſly for you.

Ye ſhall go forth with Joy, and be led forth with Peace; the Mountains and the Hills ſhall break forth into Singing, and all the Trees of the Fields ſhall clap their Hands.

Thou ſhalt make thy Prayer unto him, and he ſhall hear thee; and if thou ſeek him, he will be found.

Before they call I will anſwer; and while they are yet ſpeaking, I will hear.

Ask, and it ſhall be given unto you; ſeek, and you ſhall find; knock, and it ſhall be opened unto you.

Ask what you will, and it ſhall be done.

Ask, and receive, that your Joy may be full.

Whatsoever ye shall ask in my Name, I will do it.

And whatsoever you shall ask in Prayer, believe, ye shall receive.

Pray to thy Father which seeth in secret; and thy Father which seeth in secret, shall reward thee openly.

---

*When thou desirest Audience of God, thou mayest use these or the like Portions of Scripture.*

HEarken to the Voice of my Cry, my King and my God, for unto thee will I pray.

Let thine Ear now be attentive, and thine Eyes open, that thou mayest hear the Prayer of thy Servant.

Look down from thy holy Habitation, from Heaven.

Have thou Respect to the Prayer of thy Servant, and to my Supplication, O Lord my God, to hearken to the Cry and to the Prayer of thy Servant prayeth before thee this Day.

Thou hast commanded we should call upon thee in the Day of Trouble, and hast promised also that thou wilt deliver us.

Lord, bow down thine Ear, and hear; open thine Eyes, and see and hear my Words.

Let my Prayer be set forth before thee as Incense; and the lifting up of my Hands as the Evening Sacrifice.

Now therefore, O our God, hear the Prayer of thy Servants, and their Supplication; and cause thy Face to shine upon us for the Lord's sake.

For we do not present our Supplications before thee for our Righteousness, but for thy great Mercies.

We know not what we should pray for as we ought, therefore let thy Spirit it self help our Infirmities, and make Intercessions for us with Groanings that cannot be uttered.

Hearken to the Supplications of thy Servant, and of thy People *Israel*, when they shall pray towards this Place, and hear thou in Heaven thy Dwelling-place; and when thou heareſt, forgive.

Hear

Hear thou in Heaven, and forgive the Sin of thy Servants, and of thy People *Israel*, that thou teacheſt them the good Way where in they ſhould walk, and give Rain upon the Land, which thou haſt given to thy People for an Inheritance

Hear thou in Heaven thy Dwelling Place, and do according to all that the Stranger calleth to thee for, that all People of the Earth may know thy Name, and fear thee, as doth thy People *Israel.*

Hear thou in Heaven, thy Dwelling Place, and forgive, and do, and give to every Man according to his Ways.

Hear the Voice of my Supplications when I cry unto thee, when I lift up my Hands towards thy Holy Oracle.

Give Ear, O Lord, unto my Prayer, and attend to the Voice of my Supplications.

Let the Words of my Mouth, and the Meditations of my Heart, be acceptable in thy Sight, my Strength, and my Redeemer.

Unto thee lift I up mine Eyes, O thou that dwelleſt in the Heavens.

Hear my Prayer, O Lord, give Ear to my Supplications; in thy Faithfulneſs anſwer me, and in thy Righteouſneſs.

Hear me ſpeedily, O Lord, my Spirit faileth; hide not thy Face from me, leſt I be like them that go down in the Pit.

Look down from Heaven, and behold from the Habitation of thy Holineſs, and of thy Glory.

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## *A Confeſſion of our Sins.*

MErciful and Gracious Lord, long Suffering, and of great Pity, I have ſinned, Lord, I have ſinned againſt thee.

O wretched Man that I am!

I have ſinned againſt thee, O Lord, I have greatly and grievouſly ſinned, and that by giving heed to Vanity and Lyes.

For

For my Iniquities are grown over my Head, and, as a heavy Burthen, they are too heavy for me.

If I justifie my self, my own Mouth shall condemn me.

O my God, I am ashamed, and blush to lift up my Face to thee, my God; for our Iniquities are increased over our Heads, and our Trespasses are grown up to the Heaven.

Thou createdst our first Parents in thine own Image;

And breathest into their Nostrils the Breath of Life:

But the Serpent beguiled them, and they did eat of the forbidden Fruit.

Whereby all Mankind, being then in their Loins, also sinned, and now are come short of the Glory of God.

We know, Lord, that in us (that is in our Flesh) dwelleth no good Thing; for tho' to will is present with us, yet how to perform we find not.

We are all as an unclean thing, our Righteousness is as filthy Rags; and our Iniquities like the Wind hath taken us away.

And there is none of us that calleth upon thy Name, that ſtirreth up himſelf to take hold of thee.

We have made thee to ſerve with our Sins, we have wearied thee with our Iniquities.

The Shew of our Countenance doth witneſs againſt us, and we declare our Sin as *Sodom*, and hide it not; woe unto our Souls, for we have rewarded Evil to our ſelves.

If thou, Lord, ſhouldſt mark Iniquities, O Lord, who ſhall ſtand? But there is Forgiveneſs with thee, that thou mayeſt be feared.

We have left our firſt Love.

Our Souls thirſt not for God, even for the living God.

Lord we have ſinned wilfully, ſince we have receiv'd the Knowledge of the Truth, ſo that we may juſtly fear there remaineth now no more Sacrifice, but a certain fearful Looking for of Judgment and fiery Indignation.

For if he that deſpiſed *Moſes*'s Law died without Mercy:

Of

Of how much ſorer Puniſhment ſhall he be thought worthy, who hath trodden under Foot the Son of God? And hath counted the Blood of the Covenant wherewith we were ſanctified an unholy Thing, and hath done Deſpite to the Spirit of Grace?

For innumerable Evils have compaſſed me about, mine Inquities have taken hold of me, ſo that I am not able to look up, they are more than the Hairs of my Head, therefore my Heart faileth me.

We have grieved the Holy Spirit of God, whereby we are ſealed to the Day of Redemption.

And have turned the Grace of God into Wantonneſs.

We have received the Grace of God in vain, and have neglected the great Salvation which thou tendereſt unto us by Jeſus Chriſt.

Thou haſt ſtricken us, but we have not grieved; thou haſt conſumed us, but we have refuſed to receive Correction; we have made our Faces harder than a Rock, and refuſed to return.

But God is the Strength of my Heart, and my Portion for ever.

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# DEVOUT PRAYERS.

## FOR

## Every Day in the Week;

## BOTH

## MORNING and EVENING.

### *A Prayer for* Sunday *Morning.*

O Almighty God, and Everlasting Father, who art our Maker and Redeemer, who hast both commanded us to serve thee, and taught us how to serve thee; as every Day by Prayer and Thanksgiving at home, so on this Day in a more special Manner at thy House publickly, in the full Assembly of thy People, and at our own House privately, in keeping of holy Rest to thee, and abstaining from all sinful Actions, and from any manner of Works of our own, because

cauſe they are Works of Darkneſs; but to make it our main Buſineſs to employ all the Faculties of our Souls and Bodies to thy Service, to the Glory of thy great Name; for this Day thou madeſt the Light, and thou haſt commanded us to walk as Children of the Light; and this Day thy only Son, our bleſſed Saviour, did ariſe from the darkeſt and lowermoſt Parts of the Earth, to teach us, as at all Times, ſo more eſpecially this Day, to ariſe and put off all the Works of Darkneſs. I beſeech thee not narrowly to mark what I have done amiſs; for if thou ſhouldſt, I ſhall be undone for ever: For I have been a Prophaner of thy Sabbaths, heard thy Word negligently, and been a Breaker of all thy Commandments: And I ſhall be juſtified for all this? No, for thou haſt told us, that not the Hearers only, but the Hearers and Doers of thy Word ſhall be juſtified: Therefore I moſt humbly implore thy infinite Majeſty to pardon, paſs by, forget, and forgive all my former Infirmities, Ignorances,

Negli-

Negligences, and Preſumptions; and increaſe thy Grace in my Heart: And as thou haſt been pleaſed to bring me to the Beginning of another holy Reſt, ſo enable me, I beſeech thee, to keep it holy, as thou haſt commanded; that when I come to appear before thee, it may be ſaid to me, *Well done, good and faithful Servant, enter into thy Maſter's Reſt*, which ſhall have no End. O Lord, do thou be pleaſed to open the Eyes of my Underſtanding, that I may ſee and know this, to be one of thy unchangeable Laws, that one Day in ſeven, and that this Day in a more eſpecial manner, ought to be wholly devoted to thy Service: And let thy Law be a Lanthorn to my Steps, and thy Goſpel a Light to my Path, that ſo I may be glorified by thee in the Kingdom of Light hereafter, thro' the Merits of that bright Morning-Star, the true Light, Jeſus Chriſt: In whoſe Name I give thee humble and hearty Thanks for all thy Mercies, of our Election, Creation, Redemption, Juſtification, Sanctification in ſome Meaſure, which

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I beſeech thee increaſe in me this Day by thy Word, for thy Word is Truth; and by the working of thy Spirit in thy Servants which are to ſpeak, and we which are to hear, thou mayeſt be glorified, and we bleſſed. And, O Lord, do thou waſh and cleanſe me in the Blood of thy dear Son, and make me to be Partaker of that Interceſſion he makes at thy right Hand for all: And then I ſhall be happy with thee for ever: To whom be all Glory, Power, and Dominion, both now and for evermore. *Amen.*

## *A Prayer for* Sunday *Evening.*

O Lord, Creator of Heaven and Earth, who haſt created us in thine own Image, redeemed us by thy Son, and ſanctified us by thy Spirit; who haſt enlighten'd us with thy Word, renewed us with thy Grace, and reform'd us in our Lives: O God, who haſt carried us into thy Houſe, and there haſt taught us, and haſt brought us back to our Houſes,

and

and doſt here preſerve us: Let not this be leſs thine than that, nor our ſelves leſs thine here than there; but as thy Wiſdom and Majeſty ſhined there, ſo let thy Juſtice and Mercy dwell here, that there in our Reveverence, here in our Obedience; there in our Attention, here in our *Meditation*; and every where in our Reformation, we may be always and altogether thine: To which End we beſeech thee increaſe our Memories to remember thoſe Truths we have heard from the Mouth of thy Miniſter, that thereby our Lives may be amended, and alſo thoſe Mercies which we have enjoyed from thy bountiful Hand; for which innumerable Favours we may never forget to glorifie thy Name. Lord, we bleſs thee for our Creation, Redemption, Vocation, Juſtification, Sanctification, and Preſervation, which we beſeech thee to continue to us, and ours, and all thine, this Night in the Reſt of our Bodies by Sleep, and a Peace of Conſcience by Forgiveneſs, and always in the Safety of our Souls, by Faith,

Charity

Charity and Piety, till our determined Time be come to reſt from our Labours, and be bleſſed with that Reſt that they enjoy that die in thee. To which End, laſtly, we beſeech thee give us thy Aſſiſtance, that we may ſweetly contemplate of it now in our Cloſſets, holily prepare for it to Morrow in our Lives, and everlaſtingly poſſeſs it hereafter in Heaven, thro' Jeſus Chriſt our Lord.

## *A Prayer for* Monday *Morning.*

O Infinite and Eternal God, who art every where, who haſt made the Firmanent the Circumference of the Earth, and art thy ſelf the Centre of Man's Heart; who divideſt the Waters from the Earth, and ſetteſt the Heavens above the Earth; and who thro' thoſe Heavens, the Works of thy Hands, giveſt our Earth Breath, whereby we live naturally, and without which we cannot live one Moment, and from Heaven, the Works of thy Hand, infuſeſt thy Grace into our Hearts, where-

whereby we live ſpiritually, and without which we cannot breathe a Prayer. Accept our Thankfulneſs for that Breath, and receive our Breath in this Prayer: For that in thee we live, move, and have our Being, we acknowledge to thy Praiſe, and pray thee that we may live with thee, and be with thee, to thy Glory and our own; neither of which he have deſerved, we confeſs to thy Glory and our Shame. For theſe Heavens we have ſo infected with the fulſome Air of our Sins, that they do often infect us with Sickneſs, and ſtop our Breath mith a common Death: And we have ſo offended againſt Heaven, that thou, the God of all, may'ſt juſtly give us up to a ſpiritual Death, and over to an eternal Death: Yet from theſe we pray thee, O God, to deliver us, through the Merits of him who overcame Death, and by that Sacrifice that made full Satisfaction for all our Sins; that by Faith in him, and Prayers to thee, we may always find Mercy: Without him it is not Faith, but Preſumption. My

Prayers

Prayers therefore I make to thee with Faith in his Merits, beſeeching thee to give me Pardon for my Yeſterday's, and every Day's Sins, and to accept Praiſes from me for this Night, and every Night's Preſervation. Withal, I beſeech thee to go on in thy own Ways of a merciful Power to preſerve us this Day from all Perils and Dangers both of Soul and Body; and by thy great Power in Mercy, diſtil into our Souls the Tears of true Repentance, that we may waſh our Ways with the Water of Godly Sorrow. For this Day thou didſt create the Clouds to rain upon the Earth, that it might be fruitful, and this Day we beſeech thee pour down thy Grace abundantly into our Hearts, that they may be fit to be ſanctified by thee, that when the Spirit of our Breath, which is the Breath of our Life, leaves this mortal Body, it may return to thee, who madeſt us living Souls, through Jeſus Chriſt our Lord. To whom with the Father and Holy Ghoſt, be all Praiſe, Honour, and Adoration, both now and for evermore. *Amen.*

## *A Prayer for* Monday *Evening.*

ALL ſeeing God, from whom we cannot conceal a Thought; ſo as thou knoweſt what Evil I have done againſt thee, ſo pardon it, I humbly beſeech thee: I was ſinful when I was conceived, and ſinful I have ever ſince continued. Within I have conceived Sin, without I have acted Sin ſhamefully; ſhameful Sins, the Works of Darkneſs, even at Noon-Day: So blind have I been, that I would not follow thee, who art the true Light; and ſo deaf have I been, that I would not hear the Voice of the Charmer, although he charmed never ſo wiſely; ſo fooliſh in my Choice, that I have preferred Sin's Deformity, and Satan's Subtility, before thy Wiſdom, which paſſeth all other Wiſdom. Thus have I conſumed my ſelf and my Days in ſinning againſt thy Perſon in Idolatry; againſt thy Worſhip in Hypocriſy, againſt thy Name in Blaſphemy, againſt thy Day in Prophaneneſs,

againſt

againſt my Parents in Diſobedience, againſt my Enemies in Malice, againſt my ſelf in Uncleanneſs, againſt the Poor in Oppreſſion, againſt the Good in Backbiting, againſt the whole Law in Covetouſneſs and Concupiſcence; my Heart hath conceiv'd, my Tongue hath uttered, my Eyes have ſeen, my Ears have heard, my Feet have followed, my Hands have handled Vanity: Yet thou art my Strength, and I beſeech thee to guide me, that I fall not into thoſe Ways of Darkneſs any more, and eſtabliſh me in the Paths of thy Truth, that I may never go out of thy Way. Open mine Ears with the Sound of thy Word; enlighten mine Eyes with the Light of thy Truth; wound my Heart with thy Love, that I may love thee with all my Soul, and with all my Strength, and repent ſincerely of whatever I have done to the Diſhonour of thy Name, whom my Soul ſhouldſt love, becauſe thou haſt loved me firſt to no other End but that I ſhould obey thee; that I may love thee, and thank thee for thy Love

for

for thy free Love in electing me, for thy first Love in creating of me, for thy full Love in redeeming me, for thy first Love in calling me, for thy faithful Love in justifying me, for thy future Love in glorifying me, and for thy never failing Love in preserving of me. O let it not fail me now this present Time, in the forgiving of all my Sins, now, this Moment, in the bathing of my Soul in the Blood of thy dear Son, this Night in keeping me safe from all Dangers, and in refreshing my Body with sweet and quiet Sleep, that under the Canopy of Heaven I may sleep securely; and in my Awakenings, breathe out continual Praise to thy great and glorious Name, that when I have breathed my last here, I may breathe out everlasting Hallelujahs with thy holy Saints and Angels, through Jesus Christ our Lord: To whom with the Father and Holy Spirit, be all Praise and Honour for ever and evermore. *Amen.*

## *A Prayer for* Tueſday *Morning.*

MOST Gracious God, thou haſt always glorified thy ſelf more in ſaving pitifully, than condemning juſtly; elſe what Fleſh could praiſe thee; for we all have deſerved the very Dregs of thy Fury: But through thy Long-ſuffering and never-wearied Compaſſion, here I am, ſupplicating thee to forgive me what I owe, and to give me what I ask; to pardon the Debts of my Sins, and to impart to me the Merits of thy Son: To diſcharge thoſe, I have no Money; to buy theſe, I have no Silver; yet with them I am over-charged, and for theſe, I thirſt; and thou haſt promiſed them that are weary and will come unto thee, to refreſh them with Water of Life, that thirſt after thee. In Hope of which thy Promiſes, I proſtrate my ſelf before thy Goodneſs: For I am depreſſed with the Burthen of my Sins: I am oppreſſed with Fear of that Puniſhment due to them, having neither Power to reſiſt

reſiſt thy Wrath, nor Patience to bear thy Indignation: Yet my Sins have made me worthy of no other Doom; for I have defaced thy Image with *Adam*, and betrayed thy Son with *Judas*, and grieved thy Holy Spirit, deſpiſed thy Grace, and defiled my ſelf: Yet rebuke me not in thine Anger, I beſeech thee, neither chaſten me in thy heavy Diſpleaſure; but have Mercy upon me, O Lord, have Mercy upon me; and according to the Multitude of thy Mercies do away all my Offences, for they are a Burthen too heavy for me to bear, they have almoſt ſunk me to the loweſt deep: O Lord, do thou raiſe me, that I be not ſwallowed up of Deſpair. My Sins have poiſoned me with a benummed Security: O God, recover me with an Antidote of true Repentance, that I may be unfeignedly ſorrowful; and increaſe thy Grace in my Heart; and waſh me with the Blood of thy Son, that my Name may not be touch'd with Diſhoneſty; nor my Credit covered with Reproach, nor my Conſcience

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ſear'd as with a hot Iron, nor my Soul tormented with the Loſs of thy Preſence; but grant me Forgiveneſs, and renew my Repentanre to ſeal my Forgiveneſs, and endue me with Faith to confirm my Repentance, and fill me with Holineſs to ſtrenthen my Faith, and aſſiſt me with thy Spirit to direct me in thy Way all the Days of this Life, and to thy Glory with thee hereafter, through Jeſus Chriſt: In whoſe Name I further beſeech thee to accept of my Thankfulneſs for all thy Mercies; Corporal in my Creation and Gubernation; ſpiritual in my Redemption and Sanctification; Eternal in the Hope of my Election and Glorification; and Temporal in the Poſſeſſion of my Habitation here upon the Earth, which thou haſt made this Day fruitful; and Preſervation this Night, which thou haſt made to me healthful: All which I beſeech thee to continue, both by preſerving me this Day from all Perils and Dangers both of Soul and Body, and perfecting of thy Work this Day in me.

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Command the Waters of all Tribulation to be gathered into ſome other Place, and the firm Ground of Comfort ever to remain in this Land: And in this Land make me a fruitful Tree in the Works of Piety and Charity, that hereafter I may eat of the Tree of Eternal Life in the Kingdom of Heaven. I have been an unfruitful Tree too long already, and am no longer fit to cumber the Ground: Yet as thou haſt, ſo, I beſeech thee, ſpare me a little longer before thou cutteſt me down; and give me Grace to bring forth Fruit in due Seaſon, that when thou ſhalt be pleaſed to cut me down, I may not be caſt into the Fire, but be bound up in the Bundle of Life, through Jeſus Chriſt our Lord. *Amen.*

## *A Prayer for* Tueſday *Evening.*

MOST Gracious God, of whoſe Goodneſs the Earth is fruitful, and requireſt no more of Man for all thy Mercies, but the Fruits of true Thankfulneſs; I beſeech thee accept

accept of thy own Commands in this Evening Sacrifice of Praiſe, which, as I am able, I offer, and confeſs is ſhort of what I owe; for thou deſerveſt a greater Plenty for the Plenty of thy Bleſſings, than my Poverty can requite; and I owe thee a greater Sincerity in this lean Sacrifice, than my Hypocriſy will ſuffer me to pay; yet I do not, I dare not, doubt of thy Acceptance, for I deſire it, and deſire withal a greater Meaſure of Grace, that I may offer thee my Thankfulneſs more abundantly, more truly, both for my Hope of Heaven, and the Glory thereof, and the Poſſeſſion of the Earth, and Greatneſs thereof; wherein thou doſt ſo far exceed all Poſſibility of an equal Retribution, as thou doſt alſo exceed all Power of Expreſſion how good thou haſt been unto me. For whereſoever I look, I ſee an open Hand of thine, I ſee an hallow Heart of mine own. If I look down on the Earth, I ſee it bears me, and bears Fruit to me: If I look up to Heaven, I ſee it covers me, and is prepared for me, if my

Sins have not made me too heavy for the Earth, and too unfit for Heaven, which I fear, and not without a Cauſe: For I find not any that was ſwallow'd up by the Earth, but that I am guilty of the ſame Kind of Sins; neither do I ſee any ſhut out of Heaven, but I exceed him in the Guilt of Sin; The Earth devoured *Corah* for his Sawcineſs againſt Authority; and, O God, how often have I murmured againſt that Image of thy Power? Heaven was ſhut againſt *Judas* for betraying thy Son; and, O Lord God, how often have I crucified him afreſh both by ſecret Sins, and worſe Examples? And now that I am not ſwallowed up by the Earth, as *Corah* was for diſobeying God in Man, nor made away my ſelf, as *Judas* did for betraying God to Man, but ſtill live in Hope of Mercy, in the Merit of that Blood which ſtill cries for Mercy; which I do now, and ever will, make my only Refuge, crying to the Mercy of that Merit, for the Merit of that Mercy, thy Pardon for my Sins this Day, thy Protection of

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my Body this Night, thy Salvation of my Soul when my Day of this Life is ſpent, thy Glorification of my Soul and Body when the Night of this World is ended. If I appeal to thy Juſtice, I am a dry and barren Piece of Earth, a rotten and unfruitful Tree, cumbring thy Ground, and fit for that Fire which is appointed for the Devil and his Angels: But thy Mercy can water me, thy Mercy can manure me, thy Mercy can make me fruitful upon Earth, and fit for that Heaven which is prepared by thee for all thy Children; therefore I appeal only to thy Mercy, beſeeching thee as thou didſt this Day create all kind of Seeds to make the Earth fruitful, ſo thou wouldſt this Inſtant ſow in my Heart the incorruptible Seed of thy Word, that I may be regenerated; and the eternal Seed of thy Grace, that I may lie down in ſecure Hope of Safety this Night, and riſe the next Morning in ſure Hope of a joyful Reſurrection to eternal Life, through Jeſus Chriſt: To whom be Glory and Honour, World without End. *Amen.*

## *A Prayer for* Wedneſday *Morning.*

MOST mighty and merciful God, ſo mighty that no Creature is able to reſiſt thee; ſo merciful as no Sin is too great for thee to forgive: In Fear and Hope of both I am fallen down before thee, afraid to be ſeen of thee, becauſe I have ſinned againſt thee; afraid to ſpeak to thee, becauſe I have ſpoken againſt thee, and know not how to deſire either the Pardon of my Faults, or Reconciliation to thy Favour; yet to beg both, I preſume, in the Humility of Faith, thro the Merits of Jeſus Chriſt, in whom my Humility diſcovers what my Faith beſeeches thee to cover, in whom my Humility is not aſhamed to diſcloſe what my Faith beſeeches thee to cloſe up, that in true Humility confeſſing that I am a Sinner, that in the Faith of this Prayer, I may find thee what thou art Yeſterday, and to Day, and the ſame for eve, a merciful God, and a God full of Compaſſion. A Sinner I am of the higheſt Degree, as well actually

actually as originally: For originally in *Adam*'s Loins I preferred forbidden Fruit before a heavenly Paradiſe; and actually my ſelf have preferred the Pleaſures of Sin, the Works of Darkneſs, before the glorious Inheritance of the Saints in Light. My Eyes have ſeen, my Heart hath luſted, my Mouth hath taſted, and my Hands have gathered not only forbidden, but infectious Fruits: My Head hath deviſed, my Mind hath retained, and my Lips have utter'd both forbidden and deceitful Words. In the Womb I deſerv'd thy Wrath, in the World I have provoked thy Wrath, and am now fit Fuel for thy Wrath, if thou ſhould'ſt deal with me in Judgment. But there is Mercy with thee, that thou may'ſt be fear'd, and I appeal to thy Goodneſs, and throw my ſelf into thy Arms of everlaſting Mercy; wherein I beſeech thee to recover me of my Infirmities, and to correct my Impieties, and to give me ſuch a godly Sorrow, as that I may be truly ſorry for my Sins, and repent unfeignedly, that I may be fearful of thy Judg-

ments, and ſin no more preſumptuouſly; that I may be confident in thy Mercies, and diſtruſt no more deſpairingly; but live in thy Fear, and die in thy Favour, and reſt in thy Peace, and riſe in thy Power, and remain in thy Glory for ever, through Jeſus Chriſt: In whoſe Name I bleſs thee for the Works of this Day, and my Preſervation this Night, which I confeſs thou mighteſt juſtly have made to me eternal, without the ſeeing of another Sun; but through thy Goodneſs I behold the Sun enlightening and refreſhing me: And in theſe Properties of that Creature I ſee, and muſt acknowledge with Fear and Hope, the Omnipreſence of thee, my Creator, by which thou art privy to all my Actions: And I ſee the Purity of thee, my Creator, in enlightning all my Thoughts; withal, beſeeching thee, that as the Sun is a Light to my Body, thy Grace may be a Light to my Soul, till my Race be finiſhed, that I may then obtain a Crown of Glory, and ſhine as the Sun, Moon, and Stars, in the Kingdom of Heaven;

ven; and all I beg for Jesus Christ's Sake: To whom with thee, O Father, and the Holy Ghost, be all Praise, Honour, and Adoration, both now and for evermore. *Amen.*

## *A Prayer for* Wednesday *Evening.*

MOst pure God, dwelling in that Light which is inaccessible, yet vouchsafe to be look'd upon through the Rays and Beams of thy Mercy by the divine Sight of our Faith, which now prevent the Night-watches, with an Eye of Thankfulness for thy Goodness towards us this Day, and with an Eye of Prayer of thy Preservation this Night; confessing that this Day we have wretchedly walk'd in Darkness, with an humble Deploration; yet beseeching thee that this Night we nor any of thine be miserably shut up in everlasting Darkness, with fervent Imploration. The Sun is set from us; so let thy Wrath set from our Sins. The Night is come, and hides all Things from our Eyes; so let thy Mercy come and hide all our

Sins from thine Eyes, that if the Sun of our momentary Life ſet this Night, we may enjoy an everlaſting Life, thro' the Merits of thy Son, the Son of thy Love, and the Love of our Deſires, Jeſus Chriſt, whom I acknowledge to the Comfort of my Soul, came into the World to ſave Sinners; and confeſs my ſelf of thoſe to be the chief, as great as any in Conception, for I was conceiv'd in Sin; but the greateſt of all, by my Continuance; for thou haſt not dealt with others as with me, neither in the Gifts of Nature nor Grace; for by Nature thou haſt given me the Knowledge of thy ſelf, and by Grace the Knowledge of Jeſus Chriſt; yet againſt both Nature and Grace I have ſtrove to put out that ſaving Knowledge, elſe I had not gone on from Day to Day ſo preſumptuouſly to ſin againſt thee, that in all my whole Life I cannot call to mind one Moment wherein I have not ſinned againſt thee; and tho' thou ſhouldeſt drown all my paſt Sins in the bottomleſs Sea of thy Mercy, yet the Sins of this one Day

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give ſufficient Evidence againſt me to condemn me; for my unſanctify'd Deſires and impure Thoughts have made me inexcuſeable; my corrupt Communications, my vain Imaginations, and unfruitful Converſation has made me condemnable. I cannot anſwer thee for my Abuſe of thy Creatures, miſpending my Time, neglecting my Calling, and over-ſlipping many, if not all Opportunities of doing good. I cannot excuſe my Exerciſes of Religion, for they have been very defective, and my preſent Prayers are ſo full of Imperfections, that I have need to ask Forgiveneſs of theſe my imperfect Prayers, and ſo I do, O Lord, with all my Soul, beſeech thee to remove all Dullneſs from my Devotion, and all Darkneſs from my Underſtanding, that my Devotion to thee may be pure as the Sun, that my Knowledge of thee may be clear as the Sun; that by the Light and Help of both, I may finiſh my Courſe with Joy, and knowing and doing thy Will; and after I have finiſh'd it, receive to my Joy that ſweet and com-

fortable Sentence from thy Son, *Well done good and faithful Servants, enter into thy Master's Joy*, whether it be this Night, or when elſe thou pleaſeſt, I beg it of thee, with all other Bleſſings convenient for me and mine, and all thine; for the Sake of thy dear Son our Lord: To whom with thee, O Father and the Holy Ghoſt, be all Honour, Glory, and Praiſe, for ever and ever. *Amen.*

## *A Prayer for* Thurſday-*Morning.*

O Moſt Gracious God, tho' I cannot praiſe thee as I ought, nor pray unto thee as I ſhould, yet ſince it hath pleas'd thee of thine abundant Mercy to bid every diſtreſs'd Sinner to call upon thee, and haſt alſo promiſed to hear and help him: With ſome Confidence, and much Fear, I do proſtrate my ſelf before thee, with but ſome Confidence, becauſe my Faith is but weak; but with much Fear, becauſe my Corruption is ſtrong: Having committed many Sins of which I have not repented, and ſo many I cannot

cannot confeſs; yet ſtill is my Heart as pregnant to conceive as ever, and my Hands as quick to bring them to the Birth as before; yea, before I was, even then when I was in my Mother's Womb, I was ſo foul by original Corruption, that if thou hadſt caſt me into utter Darkneſs, thou hadſt done me no wrong; and ſince I have been endowed with Reaſon, and have lived as if I have no Reaſon, and made my ſelf like the Beaſts that periſh. The Serpent was ſubtle to deceive *Eve*; and I have been as ſubtle to deceive others. Yea, O God, I have been worſe than the Beaſts that Periſh; for the Ox knoweth his Owner, and the Aſs boweth to him that giveth him Fodder; but I have not remember'd thee, O God, nor the Work of thy Hands; for if I had, I had long ſince been fruitful in the Tears of true Repentance, and fled from the Earth with the Wings of Faith and Hope; but now I call my own Faults to Remembrance, and I hope not too late, for thy Goodneſs and Mercy is ever ready to receive

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thoſe that come to thee; in Confidence whereof I come now in the Way of humble Thankfulneſs for what I have received, and in the Way of earneſt Supplication for what thou wilt beſtow; for thy Mercies of our Election, Creation, Redemption, Vocation, Juſtification, and in ſome Meaſure of Sanctification, Hope of Glorification, and continual Preſervation, particularly this Night. I praiſe thee, and pray unto thee for the Continuance of the ſame this Day to our Bodies by Protection, to our Souls by Direction, to both by Sanctification, that we may live ſafely in this World, and depart ſecurely out of this World, in ſure and certain Hope of a joyful Reſurrection to eternal Glory, through Jeſus Chriſt our Lord.

## *A Prayer for* Thurſday *Evening.*

O Gracious God, as I turn to my Sleep, the Image of my Death, I turn to thee, who art the Staff of Life, with the Melody of Thankſ-

Thankſgiving for conducting me abroad, and ſafe-guarding of me at home; for bleſſing me in my Labours, and comforting me in my Affliction; for thy Bounty at my Board, and Support in all my Ways, beſeeching thee to accept of it and me in the Merits of my Saviour, and Mediation of thy Son Jeſus Chriſt, for whoſe ſake thou haſt promiſed to deny me nothing that I ſhould ask of thee according to thy Will: From which that I may not ſwerve, I beg no more of thee for this Life than what may keep me unpitiedly honeſt, and for the Life to come, thy own Glory in my Salvation, for this Night a ſweet Sleep for the ſtrengthening of my Body, and refreſhing my Mind, freed from fearful Dreams, filthy Pollutions, outward Violence, inward Vexations, and in the Intermiſſion of my Sleep, ſweet Contemplations of their Joy that ſleep in thee, that whether I ſleep or wake, I may ſleep under thy Protection, and awake in thy Fear. Let my laſt Words be, *Lord Jeſus receive my Spirit*: Let my firſt Words be *Lord*

*di: ct*

*direct me by thy Spirit for Jesus's Sake*; so that no Evil go out of me to defile me; so that no Evil go out of me to displease thee; for I have done it too much already, by not taking heed to thy divine Guide, but resisting those secret Inspirations of thy Holy One, for which I am now a sad Penitent at the Foot of thy Throne, both in the Sincerity of my Heart, and Confession of my Lips, acknowledging with my Lips that I have a Sorrowing in my Heart, because I have omitted my Duty, and provoked thy Fury by Sins against thee, against my Neighbours, and against my self, by Sins unrepented of, and relapsed into after Repentance; by Sins of Ignorance, and Sins against the Testimony of my own Conscience; by Sins against thy Commandment, and Sins against thy Son's Prayer; by Sins against the Motions of thy Spirit; by Sins against thy Apostles Creed; and by all those Sins for which thy Son did die. Beyond which I cannot confess, for he died for all: For which cause I do not dispair, because he

died

died for all that I ſtand guilty of, and to this End, that *whoſoever believeth in him ſhould not periſh, but have everlaſting Life*; and I do believe, and rather, O Lord, I would believe, and beſeech thee to help my Unbelief, and ſtrengthen my Faith in ſaying to my Soul, thou art my Salvation, and haſt pardoned all my Sins; that thou wilt be my Preſervation, and keep me from running into that Sin which is unpardonable, to which thy gracious Care and Goodneſs I commend my ſelf, my Wife, my Children, my Family, the People of this Pariſh, of this City, of this Kingdom, my Friends, nay, my Enemies, this Night, and ever, and beſeech thee for it, with the reſt of all thy Mercies, for the Sake of thy dear Son our Lord. *Amen.*

## *A Prayer for* Friday-*Morning.*

O Moſt merciful God, who beyond all Deſert and Meaſure beſtoweſt thy Bleſſings upon me, even upon me, who beyond all Meaſure

do

do heap up my Sins againſt thee; for as there is not any thing to be done which thou haſt not already done for me, ſo is there not any thing to be done which I have not done againſt thee; thou didſt elect me, and I have ſtriven to reverſe the Decree of thy Mercy; thou didſt make me, and I have marred my ſelf; thou didſt make me according to thy Image in Righteouſneſs and true Holineſs, and I have defaced that Image by all manner of Ungodlineſs; thou didſt redeem me, and that with no mean Price, but even with the Blood, the precious and unvaluable Blood of thy Son Jeſus Chriſt, and I have trampled that Blood under Foot: He was crucified once for my Sins, but I have crucified him often with my Sins; the Soldiers whipped him with Rods, but I have beaten him with Scourges; they crowned him with Thorns, but I have contemned him with Pride; they pierced him with a Spear, but I have ſtabbed him with Oaths, with foul Oaths, and ſad blaſphemous Speeches; they preferred a Murtherer

before

before him, but I have preferr'd the Devil before him, and Sin before his Merits: They gave him Gall and Vinegar to drink, but I have given him a Cup of Wormwood, full of Bitterneſs: Thou haſt called me by thy Word, but I have ſtopped my Ears; thou wouldeſt juſtifie me by Faith, but I have kept back my Heart; thou wouldeſt ſanctifie me by thy Spirit, but I have grieved him with my Sins. O God, it is becauſe thy Compaſſions fail not, therefore the Sons of *Jacob* are not conſumed. Lord, as thou haſt been pleaſed to preſerve me to this Day, keep me in the ſame by thy mighty Power, from all Sin, and any kind of Danger: All I beg upon the Account of thy dear Son, to whom with thee, O Father, and the Holy Spirit, be all Praiſe, Honour and Glory, both now, henceforth, and for evermore.

### *A Prayer for* Friday *Evening.*

O My God, my God, before all Time, becauſe then thou tookeſt Time to write my Name in the Book

Book of Life; my God in the Beginning of Time, becauſe thou gaveſt me my Beginning; my God in the Fullneſs of Time, becauſe then thou gaveſt me the full hope of thy Promiſes; my God in the Continuance of Time, becauſe thou haſt hitherto preſerved me; my God by a threefold Right of this Day, of Creation, Redemption, and Preſervation; for this Day thou madeſt me, this Day thou redeemeſt me, and this Day thou haſt preſerved me: For theſe and all the reſt of thy Mercies, I bleſs thee, and withal beſeech thee to confirm all unto me in my Sanctification, and continue all to me in my Preſervation this Night from outward Evils, and inward Temptations. That I deſerve no Mercy nor Favour from thee, I confeſs; for *I have ſinned againſt Heaven, and againſt thee, and am no more worthy to be called thine*; yet thou art my Creator, and I beſeech thee to preſerve thine own Work; thou art my Redeemer, and I beſeech thee to hold faſt thine own Purchaſe: Thy Hate of my Sin I know is great; but I hope

I hope thy Love to me in Chriſt is greater: What I have done againſt thee is much; but little, I hope, to what thy Son hath ſuffered for me: In what I have done againſt thee, I beg thy Pardon and Grace alſo to preſerve me from breaking thy Commandments for the Time to come. Keep me ſecurely this Night, and grant I may live to thy Praiſe the next Day: And all I beg upon the Account of thy dear Son, to whom with thee, O Father, and the Holy Spirit, be all Praiſe, Honour, and Glory, both now and for evermore. *Amen.*

## *A Prayer for* Saturday-*Morning.*

MOST powerful, moſt pure, and a God full of Pity and Compaſſion, who haſt made known in thy Works, thy Power, thy Purity in thy Reſt, thy Pity in commanding us to ſerve thee, and teaching us how to ſerve thee. Prepare us for thy Reſt this Day, which thou madeſt the Day of thy Reſt, by Contemplation of thy Power with Fear; by Converſation

ſation in thy Reſt with Holineſs; by Conſideration of thy Mercy with Confidence; of all, by our unfeigned Repentance of our Sins paſt, which have abuſed thy Mercy, reſiſted thy Purity, and fought againſt thy Power; that by our Repentance we may have Reſt from our Sins this Day, and prepared for a Day of Holy Reſt, and fitted for a Day of everlaſting Reſt, through the Merit of him who reſted this Day from the Work of Redemption, as thou didſt from the Works of Creation, (*Jeſus Chriſt*,) in whoſe Sepulchre, we beſeech thee to bury our Sins; in whoſe Wounds we beſeech thee to hide our Sins; with whoſe Blood we beſeech thee to waſh us from the Guilt of all our Sins, that they may not riſe to our Shame to Day, to our Hindrance to Morrow, nor to our Confuſion at the laſt Day. Our Sins are many; but thy Mercies are more. Great are our Sins, but thy Son's Merits far exceed them. For thy Mercy's ſake in his Merits we beſeech thee not to impute them to us. Lord, we muſt confeſs that we have

have not kept the Day of Reſt as we ought, but made it a Day of Pleaſure. Grant us, Lord, thy gracious Aſſiſtance of thy moſt Holy Spirit, that ſo for the future it may guide us and direct us in all our Duties toward thee and our Neighbours; that we may live to the Praiſe and Glory of thy great Name to the End of our Days: And all we beg upon the Account of thy dear Son; to whom with thee, O Father, and thy Holy Spirit, be all Praiſe, Honour and Glory, both now and for evermore. *Amen.*

## *A Prayer for* Saturday *Evening.*

O Almighty and Wiſe God, Creator of Heaven and Earth, and all Things therein, by thy Word; for thou didſt but ſpeak the Word ſix Times, and all things were created: And reſting from that powerful Work of commanding upon the ſeventh Day, haſt intimated thereby to us, that in the ſix Ages of this Life we ſhall find nothing but Labour,

bour; and Reſt only in that eternal Day that is to come; and haſt given us Means of Aſſurance thereof, by commanding us a holy Reſt here.

I beſeech thee to pardon and paſs by thoſe Sins, which in the ſix Days of this Week we have committed, and prepare us for a holy and ſanctified Reſt to Morrow. O let not our miſpending of the Time that is paſt, hinder us from redeeming the Time to Morrow. O let not our Sins we have committed this Week, prevent us of thy Mercy in hearing thy Word to Morrow. Do thou, O Lord, do thou forget them; and teach us to forget how to commit them; but never forget to confeſs what we have committed. Take from us all Obſtinacy in our Sins, and give us Power to withſtand them. Take from us all Security in our Wickedneſs, and give us all Security in thy Goodneſs. Take from us all Diffidence, and give us Faith to believe the Forgiveneſs of our Sins thro' *Jeſus Chriſt*, who died for our Sin. Take from us all Delight in the Vanities of this Life, and give us

ſweet

ſweet Delight in the Contemplation of everlaſting Life. Take from us all Deſires of fulfilling the Luſt of the Fleſh, and give us a fervent Deſire to fulfill the Will of thy Spirit, that when our Fleſh and Spirit is ſeparated, our Souls may preſently be received into Heaven, and our Bodies reſt in Hope of a joyful Reſurrection to eternal Glory. Lord, be thou pleaſed to keep us this Night, and bring us to the Light of another Day, wherein we may live to praiſe thy Name in the Land of the Living: And all we beg upon the Account of thy dear Son; to whom with thee, O Father, and the Holy Spirit, be all Praiſe, Honour, and Glory, both now and for evermore. *Amen.*

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MEDI-

## MEDITATIONS upon ſeveral Occaſions.

### *Meditations for the Morning.*

MY Soul waiteth on thee, O Lord, more than the Morning Watch watcheth for the Morning: O God be merciful unto me, and bleſs me, and cauſe thy Face to ſhine upon me.

O fill me with thy Mercy this Morning; ſo ſhall I rejoice, and be glad all my Days.

O God, thou art my God, early will I ſeek thee; my Fleſh longeth for thee in a dry and thirſty Land, where no Water is: O Son of Righteouſneſs ſhine upon me.

My Voice ſhalt thou hear in the Morning, O Lord, in the Morning will I direct my Prayer unto thee, and will look up.

Unto thee have I cried, O Lord, and in the Morning ſhall my Prayer prevent thee.

Awake

Awake thou that sleepest and arise from the Dead, and Christ shall give thee Life.

## *Meditations for the Evening.*

THou knowest my Down-sitting and my Up-rising; thou understandest my Thoughts afar off.

Thou compassest my Path and my lying down, and art acquainted with all my Ways.

Let my Prayer be set before thee as Incense, and the lifting up of my Hands as the Evening-Sacrifice.

Let Tears run down like a River, Day and Night give thy self no rest; let not the Apple of thy Eye cease: Arise, cry out in the Night; in the beginning of the Watches pour thy Heart like Water before the Lord.

Lighten my Eyes, that I sleep not the Sleep of Death

He that keepeth *Israel* neither slumbereth nor sleepeth.

The Day is thine, the Night also is thine.

The Darkneſs hideth not from thee; the Night ſhineth as the Day; the Darkneſs and the Light are both alike unto thee.

I will lay me down in Peace, and take my Reſt.

When thou lieſt down thou ſhalt not be afraid, yea, thou ſhalt not lie down in Safety.

In the Night I lift up my Hands towards thy Sanctuary and bleſs the Lord.

The Lord has granted his Long-kindneſs in the Day Time; in the Night Seaſon will I ſing of him, and make my Prayer to the God of my Life.

### *Meditations as thou goeſt into thy Bed.*

WHEN thou goeſt to Bed, think with thy ſelf thus;

1. That thou art one Day nearer thy End, than thou wert in the Morning.

2. Conſider what thou haſt ſeen, heard and read that Day worth thy remembring, and make the beſt Uſe of it thou can'ſt.

3. Seriouſly

3. Seriously examine thy self what Sins thou hast committed, what Duty thou hast omitted; and fall down on thy Knees with an humble and penitent Heart, begging Pardon of God for them in thy Saviour's Name.

4. Consider the Uncertainty of thy Uprising in the Morning; for many go well to Bed, and never rise again 'till the Day of Judgment: Therefore say, Father, into thy Hands I commend my Spirit.

Let the putting off of thy Cloaths, put thee in mind of thy Death, thy Bed of thy Grave, thy Coverings of the Mould, the Sheets of thy Winding-Sheet, thy Sleep of thy Death, thy Awaking of thy Resurrection.

*At Midnight when thou awakest, meditate, and say;*

WITH my Soul have I desired thee in the Night, yea, with my Spirit within me will I seek thee early:

Thus will I bleſs thee while I live, I will lift up my Hands in thy Name; my Soul ſhall be ſatisfied as with Marrow and Fatneſs; and my Mouth ſhall praiſe thee with joyful Lips.

When I remember thee in my Bed, and meditate on thee in the Night-Watches.

Bleſſed art thou, O Lord God, the God of our Fathers, who didſt create the Changes of the Day and Night.

Who giveſt us Occaſions of Songs in the Night, who haſt delivered me from the Evil of the Day that is paſt.

Have Mercy upon me, O Lord, after thy great Goodneſs, according to the Multitude of thy Mercies do away mine Offences.

## *Meditations for* Sunday *Morning.*

GRacious Lord, thou haſt commanded that I keep Holy the Sabbath-Day, that ſix Days I ſhould labour, and do all that I have to do: This is the Day which the Lord hath made, we will rejoice and be glad in it.

Bleſſed

Bleſſed is the Man that doth this, and the Son of Man that layeth hold on it; that keepeth the Sabbath from polluting it, and keepeth his Hands from doing Evil.

It is a good thing to give Thanks to thee, O Lord, and to ſing Praiſes to thy Name, O thou moſt High; to ſhew forth thy Loving-kindneſs in the Morning, and thy Faithfulneſs in the Night.

O let me hear of thy Loving-kindneſs betimes in the Morning, for in thee is my Truſt.

Shew thou me the Way I ſhould walk, for I lift up my Soul unto thee.

My Voice ſhalt thou bear betimes, O Lord, early in the Morning will I direct my Prayer unto thee, and thou Wilt look upon me.

### *Meditations as thou goeſt to Church.*

ONE Thing have I deſired of the Lord, that will I ſeek after, that I may dwell in the Houſe of the Lord all the Days of my Life,

and behold the Beauty of the Lord, and to enquire into his holy Temple.

My Soul longeth, yea, even fainteth for the Courts of the Lord; my Heart and my Fleſh crieth out for the living God.

But as for me, I will come into thy Houſe in the Multitude of thy Mercies; and in thy Fear will I worſhip towards thy Holy Temple.

That I may ſhew forth thy Praiſe in the Gates of the Daughter of *Sion*, I will rejoyce in thy Salvation.

Lord, who ſhall abide in thy Tabernacle, who ſhall dwell in thy Holy Hill?

He that walketh uprightly, and worketh Righteouſneſs, and ſpeaketh Truth in his Heart.

O ſend out thy Light and Truth, let them lead me, let them bring me into thy Holy Hill, and to thy Tabernacles.

Then will I go unto the Altar of my God, unto God my exceeding Joy:

Joy: Yea, upon the Harp will I praiſe thee, O my God.

Great is the Lord, and greatly to be praiſed in the City of our God, in the Mountain of his Holineſs.

Beautiful for Situation, the Joy of the whole Earth is Mount *Sion*; on the Sides of the North lies the City of the great King.

God is known in her Palaces for a Refuge.

Let Mount *Sion* rejoice, let the Daughter of *Judah* be glad becauſe of thy Judgments.

Walk about *Sion*, and go round about her; tell the Towers thereof, mark well her Bulwarks; conſider her Palaces, that we may tell them to the Generations following.

For this God is our God for ever and ever; he will be our Guide even unto Death.

*When thou art at Church, meditate with thy ſelf, and ſay;*

HOW amiable are thy Tabernacles, O Lord of Hoſts!

Bleſſed are they that dwell in thy Houſe; they will be ſtill praiſing thee.

They go on from Strength to Strength; every one of them in *Sion* appeareth before God.

For a Day in thy Courts is better than a Thouſand: I had rather be a Door-keeper in the Houſe of my God, than dwell in the Tents of Wickedneſs.

The Lord loveth the Gates of *Sion* more than the Dwellings of *Jacob*.

*Or meditate thus, and ſay,*

LIKE as the Hart panteth after the Water-brooks, ſo panteth my Soul after thee, O God.

My Soul is a-thirſt for God, yea, even for the living God; when ſhall I appear before the Preſence of God?

My

My Tears have been my Meat Day and Night, while they daily ſay unto me, where is now thy God?

Now when I think thereupon, I pour out my Heart by my ſelf; for I went with the Multitude, and brought them forth to the Houſe of God.

I was glad when they ſaid unto me, we will go into the Houſe of the Lord.

Our Feet ſhall ſtand in thy Gates, O *Jeruſalem.*

O pray for the Peace of *Jeruſalem*, they ſhall proſper that love thee.

Peace be within thy Walls, and Plenteouſneſs within thy Palaces:

Yet becauſe of the Houſe of the Lord our God, I will ſeek to do thee good.

## *Meditations for* Sunday *Evening.*

LORD, as I have this Day been hearing thy Word in the publick Aſſembly, grant that I may not only be a Hearer of thy Word, but a Doer alſo, to the Praiſe of thy great and glorious Name.

For the Way of God is an undefiled Way; the Word of the Lord is alſo tried in the Fire.

The Law of the Lord is an undefiled Law, converting the Soul; the Teſtimony of the Lord is ſure, giving Wiſdom to the Simple.

The Statutes of the Lord are right, and rejoice the Heart; the Commandment of the Lord is pure, and giveth Light to the Eyes.

The Fear of the Lord is clean, and endureth for ever; the Judgments of the Lord are true, and righteous altogether.

More to be deſired are they than Gold, yea, than much fine Gold; ſweeter alſo than Honey or the Honey-comb.

Moreover by them is thy Servant taught, and in keeping of them is great Reward.

## *Meditations upon the Bleſſing of the Saints both Temporal and Eternal.*

THE Eyes of the Lord are upon the Righteous, and his Ears are open to their Cry.

The

The Righteous cry, and the Lord heareth them, and delivereth them out of all their Troubles.

The Lord is nigh to them that are of a broken Heart, and ſaveth ſuch as be of a contrite Spirit.

Many are the Afflictions of the Righteous, but the Lord delivereth him out of all.

Bleſſed is the Man that feareth the Lord, and delighteth greatly in his Commandments.

His Seed ſhall be mighty upon the Earth, the Generation of the Upright ſhall be bleſſed.

Wealth and Riches ſhall be in his Houſe, and his Righteouſneſs ſhall endure for ever.

He that walketh righteouſly and ſpeaketh uprightly; he that deſpiſeth the Gain of Oppreſſions, that ſhaketh his Hands from holding of Bribes, that ſtoppeth his Ears from hearing of Blood, and ſhutteth his Eyes from ſeeing Evil;

He ſhall dwell on high; his Place of Defence ſhall be the Munition of Rocks, Bread ſhall be given him, his Waters ſhall be ſure,

And

And the Ranſomed of the Lord ſhall return, and come to *Sion* with Songs and everlaſting Joy: Upon their Heads they ſhall obtain Joy and Gladneſs, and Sorrow and Sighing ſhall flee away.

Sing, O Heavens, and be joyful, O Earth, and break forth into Singing, O Mountains; for the Lord hath comforted his People, and will have Mercy on his Afflicted.

But *Sion* ſaid, the Lord hath forſaken me, and my Lord hath forgotten me.

Can a Woman forget her ſucking Child, that ſhe ſhould not have Compaſſion on the Son of her Womb? Yea, they may forget; yet will I not forget thee.

Behold I have graven thee on the Palms of my Hands; thy Ways are continually before me:

For ye ſhall go out with Joy, and be led forth with Peace; the Mountains and Hills ſhall break forth before you into Singing, and all the Trees of the Fields ſhall clap their Hands.

I will

I will make thee an eternal Excellency, a Joy of many Generations.

Thou ſhalt ſuck the Milk of the Gentiles, and ſhalt ſuck the Breaſts of Kings; and thou ſhalt know that I, the Lord, am thy Saviour and Redeemer, the mighty One of *Jacob*.

For Braſs I will bring Gold, and for Iron I will bring Silver, and for Wood Braſs, and for Stones Iron; I will alſo make thy Officers Peace, and thy Exactors Righteouſneſs.

Violence ſhall no more be heard in thy Land, Waſting nor Deſtruction within thy Borders; but thou ſhalt call thy Walls Salvation, and thy Gates Praiſe.

The Sun ſhall no more be thy Light by Day, neither for Brightneſs ſhall the Moon give Light unto thee: But the Lord ſhall be unto thee an everlaſting Light, and thy God thy Glory.

Thy Sun ſhall no more go down, nor thy Moon withdraw her ſelf, for the Lord ſhall be thy everlaſting Light,

Light, and the Days of thy Mourning ſhall be ended.

After this, lo, I beheld a great Multitude, which no Man could number, of all Nations and Kindred, People and Tongues, ſtood before the Throne, and before the Lamb, cloathed with white Robes and Palms in their Hands.

And cried with a loud Voice, ſaying, Salvation to our God that ſitteth upon the Throne, and unto the Lamb.

And all the Angels ſtood round about the Throne, and aboút the Elders, and the four Beaſts, and fell before the Throne on their Faces, and worſhipped God:

Saying, *Amen*, Bleſſing, and Glory, and Wiſdom, and Thankſgiving, and Honour, and Power, and Might, be unto our God for ever and ever. *Amen.*

And one of the Elders anſwered and ſaid unto me, What are theſe which are arrayed in white Robes, and whence came they?

And

And I ſaid unto him, Sir, tho knoweſt; and he ſaid to me, theſe are they which came out of great Tribulation, and have waſhed their Robes, and made them white with the Blood of the Lamb.

Therefore are they before the Throne of God, and ſerve him Day and Night in his Temple; and he that ſitteth on the Throne ſhall dwell among them.

They ſhall hunger no more, nor thirſt any more, neither ſhall the Sun light on them, nor any Heat.

For the Lamb which is in the midſt of the Throne ſhall feed them, and ſhall lead them to Fountains of Water, and God ſhall wipe away all Tears from their Eyes.

Lord, thou wilt ſhew me the Path of Life; in thy Preſence is Fulneſs of Joy, and at thy Right-hand are Pleaſures for evermore.

*Exhor-*

*Exhortations to praise God for his infinite Goodness and Mercy.*

SING Praises to the Lord which dwelleth in *Sion*, declare among the People his Doings.

Give unto the Lord, O ye Mighty, give unto the Lord the Glory and Strength.

Give unto the Lord the Glory due unto his Name.

Worship the Lord in the Beauty of Holiness; sing unto the Lord, O ye Saints of his, and give Thanks at the Remembrance of his Holiness.

For his Anger endureth but a Moment; in his Favour is Life; Weeping may endure for a Night, but Joy cometh in the Morning.

Rejoyce in the Lord, O ye Righteous, for Praise is comely for the Upright.

Sing unto God, sing Praises to his Name: Extol him that rideth upon the Heavens by his Name [*JAH,*] and rejoice before him.

A Fa-

A Father of the Fatherleſs, and a Judge of the Widows is God in his Holy Habitation.

O come let us ſing unto the Lord; let us make a joyful Noiſe to the Rock of our Salvation.

Let us come before his Preſence with Thankſgiving, and make a joyful Noiſe to him with Pſalms; for the Lord is a great God, and a great King above all Gods.

In his Hands are the deep Places of the Earth;

The Strength of the Hills is his alſo.

The Sea is his, and he made it, and his Hands formed the dry Land.

O come let us worſhip and bow down, and kneel before the Lord our Maker.

For he is our God; we are the People of his Paſture, and the Sheep of his Hands.

O ſing unto the Lord a new Song, ſing unto the Lord all the Earth.

Sing unto the Lord, bleſs his Name, ſhew forth his Salvation from Day to Day.

Declare

Declare his Glory among the Heathen, his Wonders among all People.

For the Lord is great, and greatly to be praiſed; he is to be feared above all Gods.

For all the Gods of the Nations are Idols; but the Lord made the Heavens.

Honour and Majeſty are before him; Strength and Beauty are in his Sanctuary.

Make a joyful Noiſe unto the Lord, all ye Lands.

Serve the Lord with Gladneſs, come before his Preſence with ſinging.

Know ye that the Lord, he is God; it is he that hath made us, and not we our ſelves; we are his People, and the Sheep of his Paſture.

Enter into his Gates with Thankſgiving, into his Courts with Praiſe, be thankful unto him, and bleſs his Name.

For the Lord is good, his Mercy is everlaſting, and his Truth endureth to all Generations.

O give

O give Thanks unto the Lord, call upon his Name, make known his Deeds among the People.

Sing unto him, ſing Pſalms unto him, talk ye of all his wondrous Works.

Glory in his Holy Name, let the Hearts of them rejoice that ſeek the Lord.

Praiſe ye the Lord, Praiſe, O ye Servants of the Lord, Praiſe the Name of the Lord.

Bleſſed be the Name of the Lord, from this Time forth and for evermore.

From the riſing of the Sun to the going down of the ſame, the Lord's Name is to be praiſed.

Praiſe ye the Lord, praiſe ye the Name of the Lord, praiſe him O ye Servants of the Lord:

Ye that ſtand in the Houſe of the Lord, in the Courts of the Houſe of our God;

Praiſe ye the Lord, for the Lord is good, ſing Praiſes to his Name, for it is pleaſant.

For

For I know that the Lord is great, and that our God is above all Gods.

Whatſoever the Lord pleaſed, that did he in Heaven and in Earth, and in the Sea, and in all deep Places.

Praiſe ye the Lord, praiſe God in his Sanctuary, praiſe him in the Firmament of his Power.

Praiſe him for his mighty Acts, praiſe him according to his excellent Greatneſs.

Praiſe him with the Sound of the Trumpet, praiſe him with the Pſaltery and Harp.

Praiſe him with the Timbrel and Dance, praiſe him with the ſtringed Inſtruments and Organs.

Praiſe him upon the loud Cymbals, praiſe him upon the high ſounding Cymbals.

Let every Thing that hath Breath praiſe the Lord, praiſe ye the Lord.

SOME

# SOME Holy Ejaculations, AND PRAYERS, Which may be *Before, at, and after Receiving the* HOLY COMMUNION.

*Ejaculations and Prayers, to be us'd before Receiving.*

## *EJACULATION* I.

BLESS the Lord, O my Soul; All that is within me bleſs his holy Name, for his infinite Loving-kindneſs, and tender Mercies, in my Creation, Preſervation, and all the Bleſſings of this Life; but above all, for the Redemption of the World, by our Lord *Jeſus Chriſt*; for the Means

Means of Grace, and for the Hope of Glory: Lord, for this thine inestimable Love towards me, grant I may ever love thee above and before all that is near and dear unto me, that I may rejoice and be glad in thee, my Lord and my God; that my chiefest Happiness may be in a spiritual Communion with thee, serving thee with Joyfulness, and Singleness of Heart, delighting greatly in thy Commandments; finding more true Pleasure and Satisfaction in the Light of thy Countenance, than in great Increase of Corn and Wine, or any thing this World can afford, preferring thy Loving-kindness before Life it self.

## *EJACULATION* II.

LET all the People praise thee, O Lord, let all the People praise thee; the Fashion of this World passeth away, Pleasures will die and vanish, Honours be laid in the Dust, Gold and Silver will rust and canker, our best and dearest Friends may forsake

ſake us; but the Word and Favour of God ſhall abide for ever: Let them be ſweeter to me than the Honey or Honey-comb, that I may always love the Beauty of thy Houſe, and the Place where thy Honour dwelleth, to publiſh with the Voice of Thankſgiving, and to tell of all thy wondrous Works. This one thing have I deſired of the Lord, and that will I ſeek after; that I may dwell in the Houſe of the Lord all the Days of my Life; to behold the Beauty of the Lord, and to enquire in his Temple. Strength and Beauty are in his Sanctuary, happy are thoſe thy Servants that ſtand before thee continually: Bleſſed are they whom thou haſt choſen, and cauſed to approach unto thee; that they may dwell in thy Heavenly Court, they will be ſtill praiſing of thee; (therefore I will go to thy Heavenly Banquet, by thy Grace and Favour) for a Day in thy Courts is better than a thouſand Years; I had rather be a Door-keeper in the Houſe of my God, than to dwell in the Tents of Wickedneſs; for the Lord

Lord God is a Sun and Shield: The Lord will give Grace and Glory to all thoſe that earneſtly ſeek after it; no good thing will he with-hold from them that walk uprightly; O Lord of Hoſts, bleſſed is the Man that truſteth in thee.

*A Prayer.*

O Moſt Gracious and Glorious Lord, open unto me the Fountain for Sin and Uncleanneſs. Subdue my Iniquities, and caſt my Sins into the Depth of the Seas, that I may be juſtified by his Grace, through the Redemption that is in *Jeſus Chriſt*. O cleanſe me from all Filthineſs of Fleſh and Spirit, and blot out the Hand-writing that is againſt me, and take it out of the Way, nailing it to the Croſs of *Chriſt*: Remember, O Lord, thy tender Mercies, and thy Loving-kindneſs, for they have been ever of old; Remember not the Sins of my Youth, nor my Tranſgreſſions; for thy Name's Sake pardon my Iniquity, for it is very great; Lord, be mer-

merciful unto me, heal my Soul, for I have ſinned againſt thee; have Mercy upon me, O God, according to thy Loving-kindneſs; according to the Multitude of thy tender Mercies, blot out all my Tranſgreſſions: Waſh me throughly from my Iniquity, and cleanſe me from my Sin: Purge me with Hyſop, and I ſhall be clean; waſh me, and I ſhall be whiter than Snow: Hide thy Face from my Sins, and blot out all my Iniquities: Look upon me, and be merciful unto me, as thou uſeſt to do to thoſe that love thy Name, that ſo I may ſit down at thy Table, having on the Wedding Garment to the Praiſe of thy great and glorious Name, and to the Comfort of my precious Soul, through Jeſus Chriſt our Lord; To whom be aſcribed all Glory, Honour, and Power, from henceforth, and for ever. *Amen.*

*Another Prayer.*

O Eternal and ever bleſſed Lord, (thy Will be done on Earth, as it is in Heaven) O lead me in the Paths

of Righteouſneſs, that with Simplicity and godly Sincerity, I may have my Converſation in thy Word: denying all Ungodlineſs and Worldly Lufts, I may live ſoberly, righteouſly, and godly, in this preſent World. O give me Grace, that I may ſerve thee with Reverence and godly Fear, that ſo I may never be conformed to this World; but being dead to ſin, I may live unto Righteouſneſs; not any longer ſpending my Time to the Lufts of Men, but to the Will of God, walking as an obedient Child, not faſhioning my ſelf according to the former Lufts of my Ignorance; but as he that hath called me is holy, I may be holy in all manner of Converſation. O that my Ways were directed to keep thy Statutes. Teach me to do thy Will, for thou art my God: Let thy good Spirit lead me into the Land of Uprightneſs; ſhew me thy Ways, O Lord, and teach me thy Paths; lead me in thy Truth, and teach me; for thou art the God of my Salvation; teach me thy Ways, O Lord, and I will walk in thy Truth; unite my Heart to fear thy Name;

who

who is worthy to be praiſed from henceforth, and for ever. *Amen.*

*A Prayer.*

O Moſt gracious Lord, do thou by thy Holy Spirit prepare me for this Heavenly Banquet thou haſt ſo earneſtly and often invited me to: Help me to overcome my Pride and Paſſion, Worldlineſs and Carnality, Hypocriſy and Uncharitableneſs, or any other Obſtructions that may hinder me from receiving worthily, that ſo my Heart may be enlarged, and my Soul refreſhed and encouraged to run on in Wiſdom's Ways, whoſe Ways are Ways of Pleaſantneſs, and all her Paths are Peace. O that in this Supper of the Lamb, I may find him whom my Soul loveth, that I may ſee my Saviour in theſe Elements. O what are they without his Preſence? O let him kiſs me with the Kiſs of his Mouth, for his Kiſſes inſpire Life; then will my Sins be pardoned, and my Reconciliation with God be obtained; his Curſe removed;

the great Enemies of my Eternal Welfare will be ſubdued, and my Everlaſting Salvation infallibly ſecured. O Heavenly Father, then ſhall I have infinite Cauſe to bleſs and praiſe thy great and glorious Name, who art worthy to be praiſed; God bleſſed for ever. *Amen.*

*A Prayer.*

O Moſt Gracious and Everlaſting Father, I humbly beg Leave from thee, to crave Aſſiſtance of thee, to help to put off all my Earthly-mindedneſs, or any thing elſe that may hinder me from coming to this thy Holy Ordinance, where thy own Preſence is with all thoſe that ſeek thee with Uprightneſs and Singleneſs of Heart. O awake thou the North Wind, and come up thou South, and blow upon my Garden, that the Spices thereof may flow out; make every Grace in my Soul lively, active, and fragrant, by the Breathings of thy Holy Spirit: Let me implore thee out of thy infinite

Goodneſs

Goodneſs to abide with me, for the Time of Receiving draweth near. O Lord, what ſhall I do there without thee? If thy Preſence go not along with me, I dare not go; therefore, Lord, lift up the Light of thy Countenance upon me, that I may go with a lively Hope, and a ſtrong Faith; for thou haſt bid us come to this Heavenly Banquet, and buy Wine and Milk without Money, and without Price; and haſt promiſed to give thy Spirit to them that ask it; Canſt thou therefore deny me? Did any of the Seed of *Jacob* ſeek thy Face in vain? Whoever approached to this overflowing Fountain of infinite Goodneſs and Sweetneſs, and carried not away ſome Drops of Heavenly Comfort? Therefore, gracious Lord, let me prevail with thee, that when I come to thy Table, I may not go away empty, or in a worſe Condition than I was when I came firſt there; but that I may be fitted and prepared by it, to ſit down with thee, in thoſe eternal Manſions thou haſt prepared for thoſe that love

thee, and long for all thy Appearing, who art worthy of all Honour, Bleſſing, and Praiſe, both now, henceforth, and for ever. *Amen.*

*A Prayer.*

GLorious Lord, altho' my daily Sins have made me unworthy of daily Bread, much more of this Bread of Eternal Life; yet ſeeing out of thy infinite Goodneſs and Mercy thou art pleaſed to call and invite me to this Supper of the *Lamb*, to eat of the *Manna* that came down from Heaven, to partake of thoſe Divine Myſteries: O let me not ſuffer my ſelf needleſly to be detained from ſo bleſſed a Feaſt by any pretended Occaſion whatſoever, as thoſe in the Goſpel did, who made light of the Invitations to the Marriage of the *King*'s Son, leſt thou ſwear in thy Wrath that I ſhall never taſte of thy Supper, nor enter into that Reſt my Saviour is gone to prepare for thy beloved ones: For if thoſe in the Law, that did neglect to eat

the

the *Paſſover*, and to worſhip at *Jeruſalem*, at the Times appointed, were to be caſt off from the Number of thy People; how much greater Puniſhment ſhall I deſerve, if I refuſe to come and partake of this Heavenly Banquet, and neglect ſo great Salvation, as is hereby offered unto me? O Lord, let thy good Spirit help me to come as I ought, as a Gueſt invited, prepared to ſit down at thy Table, having on my Wedding Garment; help me to ſerve thee in Truth, and with a perfect Heart, that I may always do that which is right in thy Sight; to the Glory of thy great Name. *Amen.*

*Ejaculations and Prayers that may be uſed at Receiving the Holy Communion.*

## *EJACULATION* I.

WHAT ſhall I render unto the Lord, for all his Benefits? I will take the Cup of Salvation, and will pay my Vows to him now in the preſence of all his People, ſince our bleſſed Lord, the High-Prieſt of our Profeſſion was pleaſed himſelf to be offered on the Croſs; where he gave himſelf an Offering to God, for a ſweet-ſmelling Savour: Shall I ever forget this unſpeakable Kindneſs? No, I will ever commemorate his Death, to his everlaſting Praiſe and Glory, to the beſt of my Endeavours. Lord, continue in me this Reſolution to my Life's End.

*EJA-*

## *EJACULATION* II.

O Lord grant that I may never undervalue or ſlight the great Love of my dear Redeemer, treading under Foot the Son of God, prophaning the Blood of the Covenant, whereby I ſhould make the Paſſion of my dear Saviour of none Effect to me, and ſo be loſt for ever: O Lord, enable me to prefer the Excelleney of the Knowledge of *Jeſus Chriſt*, my Lord, above all things, and count him all in all; rejoycing in thee, through our Lord *Jeſus Chriſt*, by whom we have received the Atonement, glorying alone in *Chriſt*, and him crucified; and let me eſteem his Favour and Loving-kindneſs, to be better than Life, knowing that his Promiſes are unſearchable Riches, exceeding great and precious.

## *EJACULATION* III.

LORD, that thou would'ſt be pleaſed to enable me to behave my ſelf, now I am at thy Table, with Reverence and true Devotion; that I may uſe it as a Sacrifice of Praiſe to thee, and as a Memorial of *Chriſt*'s Death, that it may be a Means to confirm my Faith in him: That as by my Senſes I receive the common Elements of Bread, and Wine, to my corporal Nouriſhment, ſo by Faith I may receive the Body and Blood of *Chriſt*, to my ſpiritual Nouriſhment, that *Chriſt* may live in me, and I in him; that it may renew my Thoughts in the Remembrance of *Chriſt*'s Death and Paſſion, and my Duty of Love and Obedience to him; that it may be a Means to weaken my Corruptions, and to ſtrengthen my Graces, that I may always feel the Benefit of it to my Life's End.

*A Praya*

## *A Prayer.*

HEavenly Father, evermore give us of this Bread; let it be of Divine Nouriſhment to us: Make it, through the Operation of thy Holy Spirit, the Bread of Spiritual Life, and Wine of Spiritual Comfort to our Souls: Lord, do thou call in, compoſe, and ſpiritualize, all our Thoughts in this Holy Ordinance, and pardon every one that prepareth himſelf to ſeek thee, though he be not cleans'd according to the Sanctification of the Sanctuary Lord, deſpiſe not the Price of thy Son's Blood, and let it not be as Water ſpilt upon the Ground, but let it cheriſh and nouriſh our Souls by Faith, 'till we arrive at that Everlaſting Haven, thoſe Eternal Manſions thou haſt prepared for all thoſe that come worthy to this Supper of the *Lamb*, and ſit down at this thy Table, having on the Wedding Garment. All theſe things we beg of thee upon the Account of thy dear

dear Son our Redeemer: To whom with thee, O Father, and the Holy Ghoſt, be all Honour, Glory, and Praiſe, from henceforth and for ever. *Amen.*

*A Prayer.*

GRacious Lord, whilſt I am here before thee, keep my Heart from wandring from thee; let all the Faculties of my Soul be imployed in this Heavenly Ordinance, to the Advancement of thy Glory, and the everlaſting Welfare of me thy poor Creature, Duſt and Aſhes, that doth not deſerve the leaſt Favour from thee; becauſe I have been continually ſinning againſt thee, and grieving thy Holy Spirit: But, Lord, it is becauſe thy Compaſſions fail not, therefore the Sons of *Jacob* are not conſumed; it is by thy infinite Mercy and Goodneſs that I am ſtill in the Land of the Living: And now at this Time, I hope may ſay, worthily receiving of good Things from thy Table, that may

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tend to my everlasting Comfort: Which that it may, let me never turn my Mind back upon thee any more, but wholly devote my self to thy Service, whose Service is perfect Freedom, and for obeying whose Command there is a great Reward. To whom be all Adoration and Praise both now, henceforth, and for evermore. *Amen.*

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*Ejaculations, Prayers, and Thanksgivings, which may be used after Receiving the Holy Communion.*

## *EJACULATION* I.

EVER blessed and glorious Lord God, since thou hast been pleased out of thy infinite Goodness and Mercy to entertain such a poor Creature as I am, at this Supper of the Lamb, at this Divine Banquet; grant I may never forget thy great Love towards me, who died for me when I was thy greatest Enemy: Let me ever sing Praise to thy great and

and glorious Name, who hath redeemed me from Death and Hell, who hath kept me out of the Jaws of the Lion, and from the Paw of the Bear, and ſet me in the Highway to Salvation: Grant, Lord, I may never dare to think, ſay, or do any thing that may tend to the Diſhonour of ſo glorious and infinitely good a God as thou art, who art gracious and merciful, ſlow to Anger, and of great Kindneſs. Grant, Lord, I may never offend thee, but ever be praiſing and magnifying thy great and glorious Name whilſt I am in the Land of the Living, for thy unſpeakable Loving-kindneſs and tender Mercy towards me; of whoſe Goodneſs there is no End; therefore all Honour, Glory, and Praiſe, be aſcribed unto thee, to whom it is due, both now, henceforth, and for evermore. *Amen.*

## *EJACULATION* II.

LORD, I return thee moſt humble and hearty Thanks for thy infinite Goodneſs and Mercy towards me,

me, in that thou haſt been pleaſed to call me from Darkneſs into Light, and from the Power of Satan unto thy ſelf. I will greatly praiſe the Lord with my Mouth, yea I will praiſe him among the Multitude: I will love the Lord becauſe he hath inclined his Ear unto me, I will call upon him as long as I live. Seven times a Day will I praiſe thee, becauſe of thy Righteous Judgments. I know and underſtand that thou art the Lord which exerciſes Loving-kindneſs, Judgment and Righteouſneſs upon the Earth: For in theſe Things are thy Delight, and therefore I wait on thee from whom cometh my Help and my Salvation.

*A Prayer of Thankſgiving.*

BLESSED be the Lord God of *Iſrael*, that hath viſited and redeemed his People, and hath not retained his Anger for ever. Lord, let thy Way be known upon Earth, and thy ſaving Health among all Nations:

tions: Let all the People praiſe thee, O God, let all the People praiſe thee: Let the Earth rejoice, and the Multitude of the Iſles be glad: Becauſe the Lord Jeſus reigneth and governs the World in Righteouſneſs and Truth. O that all the Kingdoms of the World may become the Kingdoms of our Lord and of his Chriſt. Let all thoſe that ſeek the Lord rejoice and be glad in thee; let ſuch as love thy Salvation ſay continually, Let God be magnified: Bleſſed be the Name of the Lord, from this time forth and for evermore. *Amen.*

*Another.*

GRacious and Eternal God, let me never forget to return thee hearty Thanks for thoſe innumerable Bleſſings thou haſt at all times beſtowed upon me, ever ſince my Entrance into this troubleſome World: Let me never ceaſe to adore and extol thy great Mercy in ſending thy Son, thy only Son, to rede m

me

me from Death and Hell, otherwiſe I had been loſt and undone for ever; and bleſſed be thy Name for all the Benefits I have received at thy Hands, but more eſpecially for the Comforts of thy Holy Spirit, for the Society of thy dear Ones, the Hopes of Heaven, and the Taſtes thou haſt given me of Eternal Joys in this Divine Banquet with my Saviour. Lord, grant as thou haſt made a Beginning to make me happy, continue thy Grace and Favour, ſo far to enable me to compleat it, that the very ſame Mind may be in me which was in my bleſſed Saviour, whoſe Meat it was to do thy Will, and to finiſh that Work thou ſenteſt him into the World for. Grant that I may make him my Pattern in all things; that I may ſtand perfect in the Will of God; and the Name of the Lord Jeſus be glorified in me, and I in him, according to the Grace of God, and our Lord Jeſus Chriſt, to whom be all Honour, Glory and Praiſe, World without End. *Amen.*

### *A Prayer.*

LORD, we praiſe, laud, and magnify thy Holy Name, for all thy Mercies thou haſt been pleaſed to beſtow upon us ever ſince we have been in this troubleſome World: But, Lord, we have ſtill more Cauſe to bleſs thee in a more eſpecial Manner at this time, for this ſingular Favour towards us, to invite us; and alſo by the gracious Aſſiſtance of thy Holy Spirit, haſt enabled us to receive worthily of thoſe good Things thou haſt provided for us at this Heavenly Banquet we have been Partakers of; O that we might be filled with Songs of Praiſe, to thy great and glorious Name, and ſing continually, and ſay, Bleſſed be the Lord our God for ever; bleſſed be thy glorious Name, which is exalted above all Bleſſings and Praiſe. Thou, even thou, art Lord alone: Thou haſt made Heaven, the Heaven of Heavens with all their Hoſt, the Earth, and all the Things that are therein, the Seas, and all

all that is in them; and thou preſerveſt all, and the Hoſt of Heaven worſhippeth thee; thou art the Lord, the God and Father of our Lord Jeſus Chriſt, who haſt choſen us in him before the Foundation of the World, and redeemed us by his Blood, raiſed him from the Dead, and given him Glory, that our Faith and Hope might be in thee our God. Thine, O bleſſed Jeſus, is the Greatneſs, and the Power, and the Glory, and the Victory, and the Majeſty; for all that is in Heaven or in the Earth is thine: Thine is th Kingdom, O Lord, and thou art exalted as Head above all; in thy Hand is Power and Might, and in thy Hand is to make great, and to give Strength unto all. O bleſs the Lord, O my Soul; and all that is within me, bleſs his Holy Name. Bleſs the Lord, O my Soul, and forget not all his Benefits, who forgiveth all thine Iniquities; who healeth all thy Diſeaſes; who redeemeth thy Life from Deſtruction; who crowneth thee with loving Kindneſs and tender Mercies; who ſatisfieth thy Mouth

with

with good Things. Now therefore, O God, we thank thee, and praiſe thy glorious Name; we will bleſs the Lord from this Time forth and for evermore. Yea, bleſs the Lord, ye his Angels that excel in Strength, that do his Commandments, hearken to the Voice of his Word: Bleſs ye the Lord, all ye his Hoſts, ye Miniſters of his that do his Pleaſure: Bleſs the Lord, all ye his Works in all Places of his Dominion: Bleſs the Lord, O my Soul.

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*FINIS.*

23 JY60

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